



Wildchild Outdoor Adventure Trips

Welcome to Wildchild!

Our residential adventures offer children a unique, immersive opportunity to enjoy independence-building and teamwork activities that will be fun and challenging, while encouraging an appreciation of the great outdoors, and a love of adventure.

Wildchild Wood will be home to pupils for the duration of their adventure, where they will enjoy staying in either our authentic canvas bell tented village, or comfortable woodland lodges / pods. Our sites in the South East of England are carefully chosen for their acres of natural woodland, and well-equipped outdoor adventure activities and equipment. Children can benefit from the extensive range of outdoor activities on offer, which may include abseiling, climbing, potholing and zipwire, as well as the natural environment perfect for bushcraft, survival-skills and teambuilding activities.

While on the trip children are encouraged to challenge themselves and support each other in order to try new things and overcome any former fears or worries that might hold them back. Children are encouraged and motivated, not necessarily to be the fastest or highest, but to try their hardest and persevere to achieve their own personal best.

Our Wildchild team of instructors will be with your child for the duration of their adventure. They are fully trained, DBS checked and experienced in outdoor education provision. Most importantly we feel passionate about the great outdoors, and work hard to instil that passion and respect for the outdoors in every pupil that takes part.

By the end of their adventure your child should come away having learned the importance of teamwork, of the natural environment we live in, and have greater confidence in their own skills, abilities and resilience. Most importantly they will take away happy memories and fun experiences that they will hopefully look back on in later years as the first of many life-affirming experiences in a life filled with adventure.



Example Programme

The programme below gives a flavour of the activities children could be enjoying on their adventure, and the type of food on offer. Please ensure you make the school aware of any dietary requirements for your child well in advance of the trip.

08.30	Breakfast Children help themselves to the breakfast bar offering cereal, toast, yoghurt, juice in addition to a hot breakfast option.
10:00-11:00	Teambuilding Games and activities in the woods
11:00-12:30	Scavenger hunt/Bug Shelters An opportunity to explore the woodland, and get creative with natural materials to build animal shelters. Swimming pools, adventure playgrounds – there’s no limit to what a group of children can build for those lucky bugs!
12:30 – 2:00	Lunch/Free time Jacket potato with cheese / beans. Fruit and cake for dessert.
2:00-4:00	Wild Survivor Bushcraft Outdoor survival and skills-building session including shelter building, fire-lighting, water filtration and tracking. There’s nothing like toasting marshmallows on a fire you’ve made yourself!
4:00-5:00	Pot-holing or Zipwire Time to challenge yourself – whether you’re skimming the treetops as you whiz down the zipwire, or navigating your way around the underground tunnels – you’re guaranteed a fun activity to get the adrenaline pumping!
5:00-6:00	Chill-time Time for settling into tents, getting to know tent-mates and freshening up before dinner.
6:00-7:00	Dinner Roast of the day, potatoes and vegetables, apple crumble and custard.
7:00-8:00	Evening Games Could be anything from tobogganing or a game of ambush to going on a bat detection mission on our Wild Night Safari.
8:00-8:30	Campfire Supper At the end of an exhilarating day it’s time for hot chocolate and reflection around the camp-fire.

Kit List

The following list is designed to give you an idea of the kit children will need to bring with them on their adventure. They will be responsible for carrying their luggage to and from the camp site / lodges on arrival and departure, therefore we recommend sticking to the list as much as possible so children only carry what they really need for their trip. Recommended items are optional, so it's fine if children don't have them, but would be useful if they do.

ESSENTIAL

- Sleeping bag (3 season) or warm duvet.
- Large rucksack / holdall (avoid wheeled suitcases if possible).
- Clothing for each day of your trip to include:
 - Tracksuit
 - Hard-wearing trousers / shorts (no jeans)
 - Base layers / vests / T-shirts
 - Warm fleece / jumpers
 - Socks / underwear (we advise bringing 2 pairs of socks for each day)
- Waterproof jacket
- Warm clothes to sleep in (please remember even in the summer camping can be cold at night, so layers are essential).
- Sturdy shoes or boots, eg. Walking boots, or old trainers for activities.
- Trainers (not plimsolls) for evenings. (No sandals / crocs. You can bring flip flops for the showers).
- Named water bottle
- Toiletries including toothpaste, toothbrush, roll-on deodorant (not

aerosol). All preferably in a named wash-bag.

- Towel (additional towel needed if kayaking).
- Torch and spare batteries.
- Plastic bag for dirty clothes (black bin bag).

RECOMMENDED

- Pillow
- Waterproof trousers
- Book / cards / game (nothing electronic or valuable) to enjoy during down time.

WEATHER DEPENDENT

- Wellies
- Sun cream
- Sun hat
- Warm hat / gloves

WHAT NOT TO BRING

- Sweets and snacks (no food allowed in tents)
- Mobile phones, tablets, electronic games consoles etc.
- Jewellery

PLEASE ENSURE YOUR CHILD PACKS THEIR OWN BAG SO THEY KNOW WHAT THEY HAVE AND WHERE TO FIND IT WHEN THEY ARRIVE.

Please ensure all kit list items are labelled. When packing please keep in mind that clothes and shoes will be worn to undertake physical outdoor activity, often in muddy conditions, so we strongly recommend packing worn, comfortable clothing and footwear that you're happy to get wet and muddy!

Wildchild can't accept liability for the loss of any personal property so please don't bring any valuable items as we cannot accept liability for loss or damage to personal property.

Frequently Asked Questions

What does a Wildchild adventure include?

We provide all activities, equipment, instruction, meals (except packed lunch on day 1) and accommodation in either our tented village, or woodland lodges / pods. Children will need to bring a sleeping bag for their bunk beds and particularly if camping, please try to ensure children have a warm, 3-season sleeping bag as even in the summer it does feel cold at night.

Where do teachers and pupils sleep?

For camping trips, teachers and pupils sleep in our traditional tented village, and where possible male teachers will be located in the boys' section, female teachers in the girls' section. Pupils tents sleep 6 in bunk bed formation. Indoor accommodation is provided by woodland dormitory-style lodges or pods. Again, indoor accommodation is split into male and female.

What arrangements are in place for night-time?

Wildchild staff stay on site overnight, and are on hand as a support to teachers in case of any emergencies. Our camping village has a motion-sensor lighting system for the safety of teachers and children. Night toilets on the camp are also provided.

What qualifications do Wildchild staff hold?

All Wildchild instructors and leaders are first aid trained, DBS checked, and have specialised experience in outdoor education as well as all the necessary qualifications for the activities undertaken (archery, bushcraft, climbing etc.). Most importantly, our team are friendly, energetic, and share our passion for working with children to inspire a love of the great outdoors.

Do you cater for specific dietary requirements and allergies?

Yes, all dietary requirements are catered for as long as we are aware of them in advance. Please ensure you provide any relevant medical / dietary information to your school by 8 weeks prior to the trip.

Are shower facilities available?

Yes, separate male / female toilet and shower facilities are available, as well as night-time toilets.

What happens in bad weather?

The odds are that your child will experience at least some rain or bad weather during your trip. As long as they have enough layers and waterproof clothing (see separate [kit list](#)), they are generally happy to undertake outdoor activities undeterred by the British weather! An indoor area is available for mealtimes.

What kind of food will be available on the trip?

All meals are freshly prepared on site including a balance of meat, fish, vegetables, fruit and carbohydrates. We also provide the all-important marshmallows around the campfire! Typical meals may include jacket potatoes, pasta bake, roast dinner, BBQ.

Should my child bring any money?

No, there isn't an opportunity for spending it, so your child won't need to bring any money.

What valuables should my child bring with them?

Children will spend their time engaged in outdoor activities, and we don't have anywhere to store valuables, so we advise against bringing mobile phones, tablets, electronic games etc. and we would also ask you to ensure they aren't wearing any jewellery that could get lost or damaged during the activities.

Can I contact my child while they are away?

Your school will be able to contact us in case of an emergency, but otherwise we find children settle better and enjoy their time away when they don't have outside contact that may encourage homesickness.

Who can I contact if I have any questions?

Please refer any questions to your school or group leader in the first instance. They should have all the information they need to answer your queries, or they can contact us for anything else.

For more information and to access downloadable resources visit www.wildchildadventure.com

